







A REPORT ON Paperback Pals Grand Opening & Book Review

Date: 31st March, 2023 **Venue:** Apple Lab, Silver Oak University

BOOK GLUB "PAPERBACK PALS"

GRAND Opening 31st March

Introduction:

"Reading is a journey that crosses all barriers and takes you to fantastical worlds and different realms." Keeping that essence of real life, Silver Oak University IEEE Women in Engineering Affinity Group inaugurated the 'Paperback Pals' Book Club to appreciate notes and novels. This new journey of our readers started with the review of the book "Man's Search for Meaning" by Viktor Frankl.

About the Session:

Date: 31st March, 2023 Time: 10:30 AM IST Onwards Venue: Apple Lab, B-Block, Silver Oak University Participants: 20 Book Name: 'Man's Search for Meaning' by Viktor Frankl

The session commenced at 10:45 AM with the gathering of all the emphasised and excited young book readers exhilarated for the book review of 'Man's Search for Meaning' by Viktor Frankl, as they were previously told to explore the book for a session that involves active participation. The book review was conducted by our own member Amman Chopadiya with engaging spirit and literary knowledge

To make sure that the session stays interesting and participatory, it is important that every individual who was involved was shown a short summary of the book, and then later on, all the participants gave their reviews on the book. While giving the reviews, all the participants paid utmost attention to each other so that they could understand the precise message that the author aimed to communicate. To increase the level of interactivity during the session, all attendees were divided into 3 groups for conducting a group activity in which they were provided with one quote from the book and were apprised to discuss and share it by delegating one representative from each group who needs to summarise their group discussion regarding that particular topic. To help the participants understand the meaning of the book more clearly, they were shown the lecture of Dr. Jerry Long with reference to logotherapy. Logotherapy is a psychotherapeutic approach developed by Viktor Frankl aimed at helping individuals overcome mental health issues by finding purpose and meaning in their lives through self-reflection, goal-setting, and identifying personal values. It is based on the belief that humans are motivated by the search for meaning and purpose in life, which was described in the book and made participants more interested and excited for further activities.

A group activity was arranged to facilitate active participation and discuss thought-provoking topics related to Viktor Frankl's book, which was presented by a member of the group. This activity encouraged all participants to engage in insightful discussions and generated enthusiasm about upcoming book reviews. The session culminated in the announcement of all the books that are scheduled for review this year.

Conclusion:

This insightful session surely taught a lot to participants on the importance of reading and made a humane impression of the book on everyone's mind. It was very great to hear everyone's perspective on Viktor's (the main character's) journey and all the inspiring and valuable lessons that we could acquire from it.

Some glimpses of the event:







