





A REPORT ON Art of Speaking

> **Date**: 24th January 2025 **Venue**: EA-315, E-Block, Silver Oak University

Art of Speaking

Introduction:

Art of Speaking was organised by Speak to Lead, an initiative under Silver Oak University IEEE Student Branch, to help participants overcome their fear of public speaking and enhance their communication skills. The session aimed to provide insights into managing anxiety, building confidence and improving overall presentation abilities along with interactive activities.

About the speaker:

The session was led by two esteemed professionals, recognized for their extensive expertise in communication and leadership:

- 1. Mr. Ujjwal Nagar Director, IMS Gujarat
- 2. Mr. Hardik Thakkar Chief Consulting Officer, IMS Venturi

About the session:

Date: 24th January 2025 Time: 11:00 A.M. - 01:00 P.M. Venue: EA-315, E-Block, Silver Oak University Participants: 65

The event commenced with an insightful session led by Mr. Ujjwal Nagar, where he engaged participants by posing some very interesting questions and offering thought provoking answers. He addressed key topics such as the fear of public speaking, the importance of effective communication across various domains and different communication types. Through the collaborative discussion, Mr. Nagar explored issues like stage fear, anxiety and nervousness, explaining their causes with real-life examples and scientific insights. To help participants manage these challenges, he introduced a simple breathing technique to calm nerves and alleviate anxiety. He also signified the critical role of preparation in public speaking and the invaluable nature of human skills in effective communication.

Later on, he distinguished between spontaneous and planned communication by offering valuable tips on interview preparation. An interactive activity was conducted, encouraging participants to think on their feet and cultivate spontaneity. The speaker's expert guidance led to a more in-depth discussion about the skills required to excel in service-based versus product-based companies. A brief introduction to the Versant AI-based test, widely used by several renowned organizations for recruitment, was also provided. The session wrapped up with a discussion on how Group discussions and Individual Assessments are conducted in interviews, where Mr. Ujjwal provided amazing tips on how to approach these situations and also shared some personal insights from his own experiences.

Following Mr. Ujjwal Nagar's insightful talk, Mr. Hardik Thakkar took the stage and captivated the audience by sharing valuable facts about the challenges of public speaking. He highlighted the importance of integrating interactive elements to foster engagement and emphasized the need to understand one's audience to establish a meaningful connection. He further dug deep on this by elaborating how we can captivate an audience and understand what they want to listen. At last, an intriguing discussion was held on why initial preparation is important for public speaking and professional interviews, leading participants to recognize the critical role of preparation before any interviews to ensure success and boosting confidence.

As the session concluded, Prof. Digant Parmar and Dr. Mayuresh Kulkarni expressed their gratitude by felicitating Mr. Ujjwal Nagar and Mr. Hardik Thakkar with mementos, acknowledging their contributions in making the session insightful and impactful for the participants.

Conclusion:

The session provided valuable insights into overcoming stage fear and enhancing communication skills. Through expert guidance from Mr. Ujjwal Nagar and Mr. Hardik Thakkar, attendees gained practical knowledge on preparation, effective communication and interview readiness. The event highlighted the importance of speaking skills in the professional world, inspiring self-improvement. It concluded with speaker appreciation, leaving participants motivated and better prepared for future challenges, with their feedback and suggestions recorded.

The remarkable success of the event is primarily attributed to the insightful guidance and unwavering support of Dr. Satvik Khara, Dean, School of Technology, Design and Computer Application; Chairperson, SIGHT, IEEE Gujarat Section; Chairperson, Technical Committee, Computer Society, IEEE Gujarat Section; Founding Member, Silver Oak University IEEE Student Branch.

Some glimpses of the event:



Expert addresses the challenges of public speaking



Speaker delves into the key aspects of effective communication



Mr. Ujjwal Nagar being felicitated by Prof. Digant Parmar



Prof. Mayuresh Kulkarni honouring Mr. Hardik Thakkar with a token of appreciation



Successful end to the event with memorable group photo