

Report on “ Interactive Session on UPSC Awareness Program”

Event Date: 5th Oct 2025

Time: 6:00-7:30PM

Mode: ONLINE

No. of Participants: 45



An inspiring *Interactive Session on UPSC Awareness* was held to motivate aspiring civil-service candidates and provide them practical guidance on exam preparation. The session was graced by **Mr. Bhargava Teja**, who currently serves as District Forest Officer and Member Secretary of the Tamil Nadu Forest Uniformed Services Recruitment Board, Government of Tamil Nadu. Notably, he is also an alumnus of VNR Vignana jyothi Institute of Engineering & Technology (VNR VJiet), Hyderabad, which added an emotional connect for many engineering students in attendance.

Mr. Teja opened the session by recounting his personal journey how, during his undergraduate years, he developed a deep interest in serving the country through the civil services. He revealed that he began his UPSC preparation as early as his second year of college, and remained disciplined and consistent throughout. He emphasized that he never skipped a single UPSC training class or session during his preparation years, demonstrating a level of dedication that left a strong impression on participants.

He walked the audience through the three-tier structure of the UPSC Civil Services Examination Preliminary, Main, and Interview and stressed the importance of strong foundational knowledge. He encouraged students to begin their journey with NCERT textbooks, followed by standard reference books and daily newspapers, to build a conceptual

base. He further emphasized time management, structured study planning, consistent revision, and gradual scaling of difficulty levels.

During the interactive portion of the session, many students actively raised their doubts and queries related to UPSC preparation. Mr. Bhargava Teja patiently addressed each question, providing practical and experience-based advice. When asked about how to choose an optional subject, he emphasized that aspirants should select one based on their genuine interest, prior exposure, and comfort with the subject, rather than simply following popular choices or trends. He cautioned against choosing a subject merely because it is considered “scoring,” highlighting that consistent understanding and passion matter more than perceived ease. On the question of what to study and how much, he recommended maintaining a balanced approach by giving adequate importance to general studies, current affairs, essay writing, and answer writing practice. He encouraged students to build a strong reading habit, such as regularly going through a good newspaper, and to engage in daily writing practice to enhance clarity, structure, and expression. Addressing the challenge of balancing college academics with UPSC preparation, Mr. Teja acknowledged that it can be demanding but not impossible. He advised maintaining a disciplined study schedule dedicating at least a couple of hours each day and making effective use of early mornings or weekends for preparation. He also stressed the importance of physical and mental well-being, reminding students to take care of their health and maintain a positive mindset throughout their preparation journey.

The session concluded with a heartfelt vote of thanks, appreciating Mr. Bhargava Teja’s openness, humility, and willingness to engage with young aspirants. His story from his days as a student at VNR VJIET to his disciplined UPSC preparation and eventual service as an officer resonated deeply with the audience. Many left the session feeling motivated, equipped with clearer direction, and inspired to commit themselves seriously to the UPSC journey.

